



An Introduction to Eco-Friendly Hygiene Practice: It's Easy Being Green

Course Description:

Dental offices contribute significant waste to landfills, and dental processes may include the use and disposal of toxic materials that can be harmful to practitioners and pollute our environment. There is something we can do about our profession's contribution to environmental degradation, and it's easier and more cost-effective than you might think.

In this introductory course tailored for the hygienist, participants will gain practical tips that benefit the planet, patient, and the practice bottom line. It provides instruction on simple refinements to our hygiene materials and processes that reduce our impact on the planet, improve the quality of our work environment, and shift the patient experience from fear and resistance to nurturing well-being. Learn how eco-friendly hygienists can be leaders in both client health and planetary health, and how we can add a standard of environmental care, to our standard of patient care.

Course Objectives:

Course participants:

- recognize the waste and pollution generated in the typical dental practice, and the need to reduce our environmental footprint;
- are versed in the "four R's" of eco-friendly dentistry, and where and how they are applied in the dental practice;
- become familiar with the preferences, priorities, and needs of the eco-friendly dental patient;
- see themselves as "re-thinkers," who contribute innovative ideas for green practices in the dental office, and are agents of change for people and planet;
- gain simple tips they can implement immediately in their hygiene practice to reduce waste, prevent pollution, and save time and money for the practice.